

Resume

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Personal Summary:

I am an academician and a researcher with 24 years of experience. Reading and research is my passion. I am detail-oriented statistical analyst. I am honest, hardworking, committed and self motivated person who can build and maintain professional relationship. I value kindness and empathy that make me a good listener and a good counselor.

Education:

- 2005-2014 PhD in Psychology, Department of Psychology, University of Peshawar.
1996-1998 MSc Home Economics with specialization in Human Development Studies,
University of Peshawar.
1992-1995 BSc. Home Economics, College of Home Economics, University of Peshawar.

Research Experience:

- a. PhD Thesis Archetypal Identification & Psycho-spiritual Well-being: The Impact of Archetypal Polarity on Religiosity, Spirituality, and Neuroticism
- b. MSc Thesis Effect of Various Parenting Styles of Child's Behavior

Area of Expertise or Special Skills

Statistical Analyst

1. Dedicated & efficient statistical analyst with more than 20 years of experience.
2. Manage data and generate models
3. Provide assistance and guidance to research scholars
4. Generate and present statistical reports for MPhil/PhD scholars to help make informed decisions.
5. Collaborate with a team of researchers to gather and assess information.

Research

1. Conduct research on diverse developmental and psychological issues
2. Collaborate with other researchers in conducting and publishing articles. So far more than 20 research projects are completed.
3. Supervise MSc, MPhil, & PhD scholars

Clinical Experience

1. Provide guidance and counseling services to students
2. Provided community Mental Health Services in collaboration with Strengthening Participatory Organization (SPO) for two years.

Psychological Testing

1. Constructed a self report “Personality Assessment Scale” and “Obsessive-Compulsive Buying Disorder Scale.
2. Translated DASS, Pearson Mar Archetypal Identification Scale, and Subjective Psychological Wellbeing Scale
3. Assess psychometric properties of psychological tests for MPhil/PhD scholars
4. Gather a Systematic Anthropometric record of university students including those struggling with mental health issues, and students of Early Childhood Education (ECE) unit, UOP.

Professional Experience:

2015-till date	Associate Professor in Psychology, College of Home Economics, University of Peshawar. a) Teach Research Methodology, marriage & Family therapy, Brain & Mind to MPhil scholars b) Teach Biological Basis of Human Behavior, Abnormal Aspects of Human Life, Hospital & Community Mental Health, Guidance and Counseling. c) Research Supervision of MPhil Scholars
2001-2015	Lecturer in Human Development Studies, College of Home Economics, University of Peshawar. d) Taught General Psychology, Child Development & Psychology of Adolescence to BSc students e) Taught Educational Psychology & Measurement Techniques, Research Methodology, and Human Development Studies to MSc students f) Research Supervision of MSc students
1999-2001	Adhoc Lecturer in Human Development Studies, College of Home Economics, University of Peshawar. g) Taught Child Development & Psychology of Adolescence to BSc h) Taught Educational Psychology & Measurement Techniques and Human Development Studies to MSc students i) Research Supervision of MSc students
1997-1999	Adhoc Lecturer in Human Development Studies, College of Home Economics, University of Peshawar. a. Taught Child Development & Psychology of Adolescence to BSc students

Awards Honors, Certificates

- a. Gold Medal MSc
- b. Certificate in Statistical Package of Social Sciences

Management Experience:

2014-2018 Head, Department of Human Development Studies, University of Peshawar
 2014-2018 In-charge Research Cell, College of Home Economics, University of Peshawar.
 2010-2005 In-charge, Early Childhood Education Unit, College of Home Economics,
 University of Peshawar

Memberships

2010-2013 Elected Member Senate, University of Peshawar.
 2006-2013 Member Curriculum Review Committee, Higher Education Commission, Pakistan.
 2014-2018 Organized Two National Workshops and one National Conference.
 2020-2021 Member Advance Studies and Research Board (ARSB).
 2019-2021 Member Board of Graduate Studies, Department of Psychology, University of Peshawar.

Publication List:

1. Anwar, M., Anwar, A., & Chiragh, N. (2009). Effects of Birth Order on child's Personality. *Journal of Independent Studies and Research*, 7 (1), 157-165.
2. Anwar, M., Khan, J., Chitrali, J.A., & Manan, A. (2010). Spirituality and Holistic Approach in Human Development: A Universal Panacea. *Journal of Law and Society*, 40(55&56), 27-40.
3. Nizam, G. Y., Anwar, M., Anwar, A., & Ijaz, A. (2010). Co-relational study of body types and fundamental neurotic reactions. *Journal of Social and Psychological Sciences*, <http://www.thefreelibrary.com>.
4. Anwar, M., Anwar, A., & Chitrali, J.A. (2011). Correlates of Successful Aging. *PUTAJ: Humanities and Social Sciences*, 18, 191-206.
5. Chitrali, J.A., Anwar, M., & Anwar, A. (2011). Power Archetype and Psychological Wellbeing: the journey of political leaders to wholeness. *PUTAJ: Humanities and Social Sciences*, 18, 173-190.
6. Anwar, A., Anwar, M., & Shahzad, M. (2011). War on Terror and Displacement: the displacement of psychological wealth of internally displaced population of Khyber Pakhtunkhwa. *PUTAJ: Humanities and Social Sciences*, 18, 207-221.
7. Chitrali, J.A., Anwar, M., Anwar, A., & Manan, A. (2011). Suicidal Ideation: Warning Signs for Suicidal Risk among the Survivors of Suicide Attempt-a study of selected cases in Khyber Pakhtunkhwa. *Journal of Law and Society*, 41(57&58), 19-36.
8. Anwar, M., Chitrali, J.A., & Anwar, A. (2011). Archetypal Identification and Psychological Wellbeing. *Journal of Law and Society*, 41(57&58), 115-131.
9. Anwar, M., Anwar, A., & Maroof, R. (2013). Effects of Various Parenting Trajectories on Youth's Social Competencies. *Journal of Law and Society*, 44(63), 127-140.
10. Anwar, M., Anwar, A., Haider, S.K.F., & Iqbal, J. (2013). Compulsive Buying Disorder: the role of Impulse Control in Consumer Culture and Associated Psychiatric Co-morbidity. *PUTAJ: Humanities and Social Sciences*, 20, 129-135.
11. Chitrali, J.A., & Anwar, M. (2013). Socio-Psychological Consequences of Spouse's Death on Widows of Khyber Pakhtunkhwa. *PUTAJ: Humanities and Social Sciences*, 20, 147-156.
12. Anwar, M., & Khan, M.J. (2013). Maturity in Self and Psycho-spiritual Wellbeing. *Journal of Humanities and Social Sciences*, XXI(3), 11-23.
13. Anwar, M., Maroof, R.Y., & Anwar, A. (2014). Psychological Androgyny in Business owners of Khyber Pakhtunkhwa. *Journal of Rural Development and Administration*, XLV(1), 28-48.

14. Anwar, M., Anwar, A., Ahmad, J., & Khattak, S. A. (2014). Criminal Ideation: the role of personal growth and criminality. *Pakistan Journal of Criminology*, 6(1), 261-281.
15. Chitrali, J. A., Anwar, M., Nabahat, S. (2014). Dynamics of Gender Based Violence: Investigating the effects violence in Pakistani school on school dropout and loss of creativity among students. *Pakistan Journal of Criminology*, 6(2), 133-145.
16. Chitrali, J. A., Anwar, M., Nabahat, S. (2014). Structure of Violence in Pakistani Schools: a gender based analysis. *Pakistan Journal of Criminology*, 6(2), 83-94.
17. Anwar, M., Anwar, A., Nabahat, S. (2014). Psychological Symptoms in Patients with Epilepsy. *PUTA-Humanities and Social Sciences*, 21(1), 65-71.
18. Chitrali, J. A., Anwar, M., Anwar, A., Bareech, K. (2014). A correlational study of intelligence and academic Achievement of students from Government Schools of Peshawar District, *PUTA-Humanities and Social Sciences*, 21(1), 107-115.
19. Takrim, K., Anwar, M., Siddiq, A., & Amin, S. (2015). Life Optimization after Retirement: Analysis of Antecedents and Consequences of Bridge Employment, *PUTAJ: Humanities and Social Sciences*, 22(1), 25-31.
20. Anwar, M., Anwar, A., Maroof, R. (2013). Heroic Quest: Maturity in Self and Psychological Wellbeing in Elected Leaders of Khyber Pakhtunkhwa, *Journal of Law & Society*, 44(63), 205-225.