

DR. RABIA CHISHTI

Lecturer/HOD
Department of Art and Design
College of Home Economics
University of Peshawar
Pakistan
25000
Cell # +92 332-9366989
Email: rabiachishti@uop.edu.pk

Personal Profile

With a PhD in Home Economics (Art and Design), I serve as Head of the Department and have over 20 research publications, including 18 in HEC-recognized journals. My teaching spans BS to PhD levels, covering Art Education, Fine Arts, Islamic Calligraphy, Interior Design and research. International exposure through conferences at Cambridge, Oxford, and Michigan State University, along with a watercolor workshop in Gatlinburg, USA, has enriched my cross-cultural perspective. My expertise in watercolor, Islamic calligraphy, CorelDRAW, and evolving skills in Python and Generative AI reflect my commitment to continuous learning. These academic, artistic, and global experiences shape my professional growth and reinforce my passion for sharing knowledge across cultures.

Education

- Ph.D. Home Economics (Art & Design), College of Home Economics, University of Peshawar (UOP) 2015. **Thesis Title:** *Art Education: A Contributory Factor in Enhancement of Problem Solving Ability*
- <https://pr.hec.gov.pk/jspui/browse?type=author&order=ASC&rpp=20&value=CHISHTI%2C+RABIA>
- https://pr.hec.gov.pk/jspui/bitstream/123456789/8024/1/Rabia_Chishti_Home_Economics_2015_Univ_of_Peshawar_23.06.2016.pdf
- https://thesis.asianindexing.com/thesis.php?ari_id=1676725530085&title=Art%20Education%3A%20A%20Contributory%20Factor%20in%20Enhancement%20of%20Problem%20Solving%20Ability&q=
- M.Sc. Home Economics (Art & Design) College of Home Economics, University of Peshawar (2001)
- B.Sc. Home Economics (4 years integrated program) College of Home Economics, University of Peshawar (1994-1998)

Academic Distinctions

- HEC-Indigenous Scholarship batch-V 2009
- First ever Ph.D. Home Economics (Art & Design), College of Home Economics, UOP

Experience:

Head of Department Art & Design (November 2022- till present)

Initiated BS Interior Design

Bridging between industry and Academia

Lecturer (BPS-18) College of Home Economics, University of Peshawar, 27th March 2004- Present

- Teach and revise/update curricula per the Scheme of Studies.
- Deliver lectures and facilitate classroom discussions on analysis, critical theory, design, and trends.
- Demonstrate various art techniques and their practical implications
- Publish papers in HEC recognized Journals through extensive research.
- Organize seminars and workshops to enhance creativity of the students and to give them knowledge of new trends and art techniques.
- Arrange guest lectures and seminars for graduates by out sourcing experts of the relevant fields.

F.A. Program Coordinator: College of Home Economics, University of Peshawar 2018- present

- **Incharge B.A. Fashion & Design** 2003- 2004
City University of Science & Information Technology, Peshawar
 - Initiated B.A. in Fashion & Design
 - Conducted/prepared feasibility report to start the Fashion & Design program in the Girls Campus of the University
 - Committee member of Curriculum Development

- Designed and conducted visual communication campaign to introduce & promote the program in the community.

Project Supervisor & Ceramic Expert 2000-2002

Paradise Environmental & Community welfare Society, Peshawar

- Training of female potters in creative and innovative ceramic techniques
- Serving potters' community through motivation and advocacy campaign
- Conducting seminars, exhibitions, and study tours for the betterment of community components
- Promotion of the products of female potters and marketing through visual communication campaigns.
- Overall supervision of the entire project's activities

MPhil Research Work Supervised:

2022-23

Islamic Calligraphic Paintings: A Studio Work Reflecting the Philosophy of Islamic Art

At present, supervising 5 PhDs and 3 MPhil Scholars

BS Research Projects Supervised:

2004

- Digital cubism illustrations; ii) Digital Islamic calligraphy in the modern era; iii) Transferring Van Gough starry night motifs on Pottery Surface; iv) Exploring the Beauty of Lakki Marwat's landscape through watercolors; v) A Comparative Study of Emulsion Paints and Pouring Techniques on Glass and Canvas; vi) Exploring Claude Monet's Water Lilies in Acrylic Paints

Certified Training Courses

- Pak Angels **Essential Gen-AI Training** course. 27th July – 15th Sep 2024, a joint venture of Pak Angels, iCode Guru, Aspire Pakistan, and Four Brothers.
- **Python Course** (Introduction to Python) (online). 12th July – 22nd Sep 2024, Offering by The Mirror of Society.
- Attended a Four-Day Training Course on **Social Research Methodology and Techniques**, 26th-29th, 2022, Pakistan Academy for Rural Development, Peshawar
- Attended a 3-Days Certified Training Course on **Motivation and Learning: An Educational-Psychological Perspective**, 3rd -5th, October, 2017
- Attended a training workshop on **Scientific Writing** by Virtual Education Project Pakistan, 16th to 23rd December 2013
- Attended a one-month Certified Training Course on **School Teachers Training Course**, May-June 2007
- Attended a workshop on **Master Trainer on Essential Life Skills for Adolescents' Health and Development**, Youth Resource Centre/Unicef, 6th to 8th June 2005
- Attended a one-month **Staff Development Course**, National Academy of Higher Education HEC, 13th June to 9th July 2005

Webinars attended

- **Application of Artificial Intelligence in Conducting Literature Review**, May 09, 2024, by the National Centre of Excellence in Geology, University of Peshawar.
- **Intellectual Property Rights Importance and Best Practices of Commercialization for Arts and Design Industry**, 18th June 2021 by ORIC & LCWU, Lahore, Pakistan
- **Suicide Prevention: The Role of Parents Webinar**, 19th of August, 2020, by the Department of
 - Psychiatry, Muslim Mental Health, Michigan University, USA

Workshops Organized in the College of Home Economics

- A workshop on Exterior and Interior Perspective in Architecture and Design for undergraduates, 9-10 May, 2024, in collaboration with the Wadan Consultants and Architects
- Organized a One-month Certificate Course on **Adobe After Effects** for the BS Students in collaboration with Dynimax, July 2023
- Knife Painting Workshop, 6-7 February 2023
- Modern Islamic Calligraphy Workshop 30-31 January 2023

- Miniature Painting Workshop 18-19 January 2023
- Master Trainer of a workshop on **Poster Making for Social Awareness “YOUTH FOR PEACE”, September 26, 2021.**
- Training Workshop on **Computer Aided Design**, 03-06 Nov 2020 in collaboration with Dynimax.
- Focal Person from College, for **Youth Leadership and Civic Education Program**, August 25-27, 2021, organized by Peace and Conflict Department, UOP.
- Workshop on *Pencil Shading Technique* for Fine Arts students, October 2019
- Two-day workshop on *Nuskh Calligraphy* from 23rd to 24th October 2018
- Two-day workshop on *Islamic Calligraphy: An Introduction to Writing Kufic*, 19th-20th March, 2018.
- Two-day workshop on Charcoal Drawing from 19th to 20th Oct 2017
- Two-day workshop on Pastel Drawing from 1st to 2nd November 2017
- Workshop on *Basic Drawing* on 22nd and 29th November, 2014

Workshops Attended

- Two-Day workshop on The Role of Artificial Intelligence (AI) in Research and use of Modern tools.
- **Water Color Workshop:** Gallery of A. Jann Piesto, art. July 16, 2022, Gatlinburg USA
- **Computer Aided Design (CAD):** DYNIMAX Intermedia SMC-Pvt Ltd., 03-06 February, 2020
- **Persian Calligraphy:** Khana-e-Farhang, February 2019.
- **Wood Cutting:** Khana-e-Farhang, 9th February 2019.
- **Entrepreneurship – Best Practices:** Youth Forum/Women Chamber of Commerce & Industry, 4th April 2015
- **2 Weeks workshop on Corel Draw & Adobe Photoshop:** College of Home Economics, UOP 2007
- **IKEBANA 2006:** Pakistan-Japan Cultural Association NWFP, 24th February to 1st March 2006
- **Child Rights Convention Orientation:** Aurat Foundation & Save the Children Sweden 4th to 7th June, 2001
- **Advocacy Campaign on Child Rights Convention: Children with Disabilities** Aurat Foundation & Save the Children Sweden, 2nd to 4th August 2001.

EXHIBITIONS

Exhibition Curated:

A 2-Day Art **Exhibition “AKS-E-FUN O HUNER”** at 3rd Dosti Peshawar Literature Festival 2024, Feb 11-22 in Collaboration of Dosti welfare Organization, and University of Peshawar.

Exhibitions Participated

1. **Pashto Literary Festival & Painting Exhibition 2023:** Khyber Pakhtunkhwa Culture and Tourism Authority
2. **The Holy DOT:** Art Exhibition and Competition 4-5 January, 2023 Sports Complex Bamkhel Sawabi
3. **PUSHKALAVATI:** 1st National Painting and Calligraphy Exhibition -16-18th March 2019
4. Abdul Wali Khan Sports Complex, Charsadda, Khyber Pakhtunkhwa
5. **Revival of Art Techniques** 1st National Home Economics Art Exhibition “Revival of Art Techniques” 2017, Bara Gali Campus, University of Peshawar.
6. Annual Art Exhibition For Department of Art & Design, College of Home Economics, PUTA Hall, University of Peshawar, 17-18th October 2014,
7. **Hand-built Pottery Exhibition:** Lok Virsa National Festival Islamabad, 5th to 6th February 2002

International/National Conferences

1. Paper Presentation “Scroll Motif in Wire-Wrapped Jewellery Enhancing Cultural Richness”
2. at PARTASH JEWELLRY CONFERENCE & EXHIBITION” 2024, 23rd-24th December 2024, **PAF-IAST, Haripur, KP**
3. Paper Presentation “A Comparative Study of Intelligence and Creative Thinking of Public Schools, Private Schools and Quran Academy Students in Peshawar, Pakistan” at 12th Annual Muslim Mental Health Conference 2020, 10th –12th July 2020, by **Department of Psychiatry, Muslim Mental Health, Michigan University, USA.**
4. Presented Paper “Art Education and Creativity for Mental Health” in Muslim Mental Health Conference 2019, Cambridge, 7th –8th September 2019, by Department of Psychiatry, Muslim Mental Health, Michigan University, USA, in Collaboration with **Cambridge University, UK.**

5. Presented Paper “Importance of Creative Arts for the Child’s Holistic Development” in 2nd National Home Economics Conference – **Baragali Summer Campus, University of Peshawar** –21st to 24th May 2017
6. Presented Paper “Sadequain and his Gigantic Paintings” in a National Conference Archeology and Cultural Heritage of Pakistan 18th -20th August, 2015 by **Department of Archeology, University of Peshawar** in collaboration of Gov. of KP.
7. Presented Paper “Innocent Hands at Opportunity of Learning” in First International Conference of Home Economics – College of Home Economics Lahore – 14th –16th March 2005.
8. Research Paper “Exploring the Complexity of Cityscapes: An Analysis of Visual, Cultural, and Aesthetic Dimension of Ali Sajid’s Watercolors” was selected in Applied Research International Conference on Humanities & Education (ARICHE) - 8th- 9th June 2023 at University of Oxford, U.K.

Guest Lectures/Seminars

- Guest Speaker: *Sadequain and Iqbal*, on Celebrations of Iqbal Day by Shaheed Banazir Bhutto Women University. November 9, 2023
- Chaired sessions in Dosti Peshawar Women’s Literature Festival, November 6-10, 2023-
- Guest Speaker: *Application of Color Theory in our Daily life*, College of Home Economics, 21st June, 2023
- Attended a Seminar on “E-Commerce” by Ecommerce Success Pakistan January 24, 2023.
- Guest Speaker: Seminar on “Arts & Cognition” organized by Psychology Department, Islamia College, University, 2021.
- Guest Lecture: *Pakistani Artists*, College of Home Economics, University of Peshawar, 9th January 2019
- Guest Speaker: Lecture on *Effects of Art Education on Cognitive Abilities*, Department of Psychology, Islamia College University, Peshawar, 23rd September 2014
- Guest Speaker: *Textile Design and Printing Techniques*, Peshawar Model Degree College for Girls Peshawar, 16th May 2005

Seminars Organized:

Career Pathways in Art. Department of Art & Design, CHE, UOP. Guest Speaker: Ali, Sajid

Internationally Acclaimed Visual Artist. 19th June 2023

Significance of Art for Mental Wellbeing. Department of Art & Design, CHE, UOP. Guest Speaker: Dr. Kiran Sajid, Psychologist and Art Therapist. 19th June 2023.

Participations

- MEGA SCIENCE EXHIBITION 2007, Science Society, University of Peshawar
- Annual Science & Cultural Fair, Edwards College Peshawar, 21st & 22nd December 2006

Academic contributions

- Development of Manuscript of Textbook Home Economics for Class 6th for NWFP (KP) Textbook Board, 2009
- Invited as a Subject Specialist by Khyber Pakhtunkhwa Public Service Commission Peshawar for the selection of Lecturers, Home Economics (BPS-17) in Higher Education Department, KP on 11th and 12th January, 2018.
- Arranged a study tour to National College of Arts Lahore and Ceramic industry of Lahore for the female potters of Musazai, students and faculty of Art Design Department, College of Home Economics, University of Peshawar, 12th May to 15th May 2001
- Conducted a 6-days study tour to Ceramic Industry and Blue Pottery of Multan for the female potters of Musazai, Peshawar, 3rd October to 8th October 2001 with Paradise Environmental & Community Welfare society

Visual Communication Designing

- **Designing of the Printing Material:** Brochures, leaflets, booklet, invitation cards and panaflex as Designer print Media for:
 - 1st National Home Economics, Conference, 3rd & 4th June 2014.
 - B.A. Fashion & Design Program, City University of Science & Information Technology, 2003-2004
 - Support to Female Potters of Musazai in Production and Marketing Project, Paradise Environmental and Community Welfare Society, 2000-2002

Organized Painting Competitions (In-charge of Creative Art Society, College of Home Economics, UOP)

- Celebration of International Day for Tolerance: Painting Competition, 25th November, 2021
- Painting Competition at District level in Art Festival 2019, with the collaboration of Fund-raising Office, University of Peshawar
- Talent Hunt Mela, 27th February 2018: Inter University Painting competition in College of Home Economics, UOP.
- National Landscape-Painting Competition, Baragali Summer-Campus, University of Peshawar, 23rd May 2017
- Talent Hunt Mela on 7th March 2017: Drawing, painting & craft competition among students of the College of Home Economics, UOP.

Research Publications

Border Decoration in the Mughal Miniature Paintings: A Visual Analysis (2025). Policy Research Journal 3(5). 2025-05-12

<https://policyrj.com/1/article/view/634>

The Blossoming Legacy of Mughal Era: Floral Motifs on the walls of Palosi Piran Monuments, Peshawar (2025). Annual Methodological Archive Research Review, 3(11)

<http://amresearchjournal.com/index.php/Journal/article/view/1162>

1. Chishti R, Jahangir F. (2014). Positive Effects of Elementary Visual Art on Problem Solving Ability in Later Years of Life. (2014). *FWU Journal of Social Sciences*, 8(1), 83-88, (ISSN: 1995-1272). http://sbbwu.edu.pk/journal/FWU_Journal_Summer2014,Vol.8,No.1/12_Positive_Effects_of_Elementary_Visual_Art.pdf
2. A Study of Ceramic Motifs from Ghandi Umar Khan and Their Conservation into New Forms (2015). *PUTAJ Humanities and Social Sciences*, Vol. 22, 159-164, (ISSN: 2219-245X).
3. Chishti R, Mujeeb Z, (2015). The Potters of Musazai Peshawar and their Pottery Making Techniques. (2015). *Ancient Pakistan Vol. XXVI*, 153-157 (ISSN: 0066-1600). <http://ojs.uop.edu.pk/ancientpakistan/article/view/61>
4. Pedagogy of Art Education from Inspiration to Aspiration (2015). *PUTAJ Humanities and Social Sciences*, 22(2), 215-220, (ISSN: 2219-245X).
5. Iqbal and Sadequain (2016). *PUTAJ Oriental Studies*, Vol. 23, 88-98, (ISSN: 2219-2476).
6. The Revival of Islamic Calligraphy in Pakistan through the Pen and Brush of Sadequain (2016). *PUTAJ Humanities and Social Sciences*, Vol. 23, 217-225, (ISSN: 2219-245X). <https://www.semanticscholar.org/paper/The-Revival-of-Islamic-Calligraphy-in-Pakistan%3A-the-Chishti-Qazi/b5245a4b70e52f75ac660dd49f2089efc6a86b65>
7. The Evolution of Mankind: A Gigantic Mural by Sadequain (2016). *Ancient Pakistan. Vol. XXVII*, 201-206, (ISSN: 0066-1600).
8. <http://ojs.uop.edu.pk/ancientpakistan/article/view/48>
<https://www.prdb.pk/article/the-evolution-of-mankind-a-gigantic-mural-by-sadequain-1302>
9. The Shalamar Gardens Lahore: A case study of Mughal Garden Design and Concept (2017). *PUTAJ Humanities and Social Sciences*, Vol. 24, 83-92, (ISSN: 2219 – 245X). <https://www.semanticscholar.org/paper/The-Shalamar-Gardens-Lahore%3A-A-Case-Study-of-Mughal-Chishti-Seemi/939085411edb7fc5159b4f7d8fe5517dc39e6401>
10. Developmental Stages of Children Art: A Historical Perspective and Its Implications for Today's Elementary Art Education Program (2017). *Pakistan Heritage*, Vol. IX, 171-184, (ISSN: 2073-641X).

<https://ph.hu.edu.pk/public/uploads/vol-9/12-Developmental%20Stages%20of%20Children%20Art.pdf>

11. Windows: a source of ventilation in Islamia College Buildings (2017). *Pakistan Heritage, Vol. IX*, 143-154 (ISSN: 2073-641X).
12. Gender Difference in Social Support, Loneliness, and Isolation among Old Age Citizens (2018). *Peshawar Journal of Psychology and Behavioural Sciences* , Vol. 4 (2), 15-31.
13. Impact of Educational Qualification on Social Support, Social Isolation and Social and Emotional Loneliness: A Study of Senior Citizens (2018). *Peshawar Journal of Psychology and Behavioural Sciences*, Vol. 4 (1), 153-170.
<https://www.pjpbsicp.com/index.php/pjpbs/article/view/14>
14. Dynamics of Personal Identities: A Study of Female Buying Behaviour in Peshawar (2022). *Indian Journal of Economics and Business*, Vol. 21 No. 2, 492-499, (ISSN: 0972-5784).
<http://ashwinanokha.com/resources/46.%20faryal%20paper....pdf>
- 15.
16. Visual Arts Pedagogy and Its Impact on Creativity and Problem Solving Ability of Elementary School Students (2022). *Webology*, Vol. 19(3) (ISSN: 1735-188X).
<https://www.webology.org/abstract.php?id=3648> daniyal123 daniyal123
17. Rahat A, Anjum Z *, Zehra S, Baneen F and Chishti R (2023). Antibacterial, Insecticidal, Antifungal and Phytochemical Screening of *Allium sativum*, *Nigella sativa* and *Plantago ovata*, *Sarhad Journal of Agriculture*, Volume 39, Issue 2, Page no 531-544.
<https://dx.doi.org/10.17582/journal.sja/2023/39.2.531.544>
18. Anjum Z, Ali S, Rahat A, Chishti R, Yousaf F (2023). Prevalence of Iron Deficiency Anemia and Dietary Profile of Pregnant Women of University Campus, District Peshawar, Pakistan, *Neuro Quantology*, June 2023, Volume 21, Issue 6, Page 891-897. ISSN 1303-5150
https://www.neuroquantology.com/media/article_pdfs/Final_Paper_anemia.pdf
19. Anjum Z, Ali S, Rahat A, Chishti R, Yousaf F (2023) Management of Hypertensive Disorders in Pregnancy Among Patients of Different Hospitals in District Peshawar, *Annals of Allied Health Sciences*. Vol. 9, No. 1, 2023-07-01 8-13.
<https://aahs.kmu.edu.pk/index.php/aahs/article/view/144>
20. Ali Sajid's Cityscapes: A Relationship between Elements and Principles of Art Infusing the Old City of Peshawar with a Fresh Ambiance (in press, *Pakistan Heritage, a Journal of Hazara University, Pakistan*).

Research Interests

Creativity and Art Education; Children Art and their cognitive abilities; Islamic Art and Calligraphy
Sadequain and his figurative language

Interpersonal Skills

Excellent Communication Skills; Reliable, Flexible and a team player; Report Writing Skills; Hardworking and passionate