

Ms. NADIA IBRAHIM

Lecturer
Department of Psychology
University of Peshawar
Khyber Pakhtunkhwa, Pakistan.

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Area of Specialization

Clinical Psychology, Autism, Career Indecision and Coping and Social Media Engagement

Awards received

1. Gold medal certificate in M. Sc. Department of Psychology, University of Peshawar, Pakistan.
2. First class first position in M. Phil, Department of Psychology, University of Peshawar, Pakistan.
3. First class first position in Diploma, Department of Psychology, University of Peshawar, Pakistan.

Professional Experience

Lecturer Psychology

October 4th 2016 to date University of Peshawar Pakistan

Teaching: Under graduate, post graduate and Diploma

Supervising: Clinical Practice of students of Post Graduate Diploma in Clinical Psychology

Administrative Experience

1. Working as BS Coordinator, Department of Psychology University of Peshawar.
2. Worked as focal person for mental health representing University of Peshawar in Higher Education System Strengthening Activity (HESSA), HEC in collaboration with USAID.
3. Working as Alumni co-coordinator, Department of Psychology, University of Peshawar.
4. Worked as in-charge of Autism Unit, Department of Psychology, University of Peshawar.
5. Member of Clinical Committee at the Department of Psychology.
6. Admin official social media page, Department of Psychology, University of Peshawar.

Membership

1. Member of American Psychological Association

Training/Internship Received

1. 4 days training on “Increasing Mental Health Awareness, Prevention and Treatment Skills” (2024), USAID’s Higher Education System strengthening Activity (HESSA).
2. “Student Support Services Annual Capacity Building & Knowledge-Sharing Summit” (2022), USAID’s Higher Education System strengthening Activity (HESSA).
3. “Student Support Services Annual Summit” (2022), USAID’s Higher Education System strengthening Activity (HESSA).
4. 3 days training workshop on “Autism-Understanding & Management” in August, 2021.
5. One day workshop on Reiki healing system on 6th March 2015.
6. Clinical internship at Hayatabad medical complex 2015.

Education

2025 University of Peshawar Pakistan

M. Phil in Clinical Psychology

2016 University of Peshawar Pakistan

Diploma in Clinical Psychology

2015 University of Peshawar Pakistan

M. Sc. Psychology (*Gold medalist*)

2010 University of the Punjab Pakistan

B. Sc. Psychology (*First Division*)

2008 Board of Inter. & Sec. Edu. Peshawar Pakistan

F. Sc. Pre – Medical (*First Division*)

2006 Federal Board of Inter. & Sec. Edu. Islamabad Pakistan

HSSC Science (*First Division*)

Event Organization Experience

- World Mental Health Day (2017- 2023)
- Kashmir day (2021)
- World Suicide prevention day (2022 & 2023)
- World Autism Awareness day (2023 & 2024)

- Sports Gala (2018)
- Seerat un Nabi Expo (2023)
- Cultural Fiesta (2024 & 2025)
- Summer Camp at the Autism Unit (2024)
- Workshop on Understanding Sensory Processing and Integration (2024)
- Workshop on Demystifying Cochlear Implants and the Importance of Post Surgery Hearing Rehabilitation (2025)

Training & Facilitation Experience

Workshop

Trainer & Organizer - “*Stress Management and Micro-Counselling Skills Training*” Workshop

Webinars attended as speaker:

“*Global Health Without Borders: Acting for impact*”, organized by Fatima Jinnah Women University with Consortium for University For Global Health

“*Mental Health in higher education*”, organized by USAID (HESSA)

“*Stress and Depression in Higher Education*”, organized by Global UGRAD-Pakistan

“*From Pressure to Purpose: Managing Academic Stress Without Losing Yourself*”, organized by Pakistan Psychological Association.

Computer Skills and Hobbies Summary

MS office, SPSS, reading and enjoy volunteer work, Social media admin of official page of Department of Psychology, University of Peshawar.

Languages

Can write, speak and understand English, Urdu and Pashto.

References

1. Prof. Dr. Jehanzeb Khan, Department of Psychology, The University of Peshawar, Pakistan, Email: yosafzai@yahoo.com
2. Kari T Ellingson, Ph.D. Associate Vice President Emeritus for Student Development Kellingson@sa.utah.edu+1-801-652-2303