

DR. SYEDA KANIZ FATIMA HAIDER**Professor of Psychology**

College of Home Economics, University of Peshawar
Faculty of Management & Information Sciences
Khyber Pakhtunkhwa, Pakistan

**Professional Profile**

Dr. Syeda Kaniz Fatima Haider is a senior academic, psychologist, researcher, and higher education leader with over three decades of experience in teaching, research, academic administration, and community engagement. Her expertise lies in human development, psychosocial wellbeing, family dynamics, and gender studies, with a strong focus on applying psychological knowledge to improve individual, family, and community wellbeing. Throughout her career at the University of Peshawar, she has played a key role in advancing research culture, strengthening academic programs, mentoring young scholars, and promoting female empowerment in higher education. Her work integrates psychological research, training, counseling, and institutional leadership, bridging academic scholarship with practical social impact.

Academic Appointments

- **Professor of Psychology**
College of Home Economics, University of Peshawar
2013 – Present
- **Associate Professor**
College of Home Economics, University of Peshawar
2012 – 2013
- **Assistant Professor**
College of Home Economics, University of Peshawar
2007 – 2011
- **Lecturer**
College of Home Economics, University of Peshawar
1999 – 2006
- **Contract Lecturer**
College of Home Economics, University of Peshawar
1991 – 1998
- **Date of Appointment as Professor:** 02 November 2013

Academic Leadership & Administrative Experience

Head, Department of Human Development & Family Studies

College of Home Economics, University of Peshawar

2018 – Present

Head, Department of Human Development & Family Studies

2002 – 2012

Principal

College of Home Economics, University of Peshawar

2013 – 2018

As Principal and Department Head, Dr. Haider provided strategic leadership in academic governance, faculty development, institutional planning, and policy implementation. She successfully managed institutional operations including budget planning, faculty recruitment, curriculum development, student affairs, and quality assurance, while fostering a research-oriented academic environment.

Research Expertise & Scholarly Contributions

Dr. Haider's research focuses on human development and applied psychology, particularly within the sociocultural context of Pakistan. Her key research areas include:

- Child and adolescent development
- Psychosocial wellbeing and mental health
- Family relationships and marital adjustment
- Gender studies and women empowerment
- Domestic violence and family conflict
- Career counseling and psychosocial development
- Social engagement and wellbeing among different age groups

She has conducted numerous research projects, supervised postgraduate research, and contributed to academic scholarship addressing psychological and social issues affecting individuals and families in Pakistan.

Research Supervision & Academic Mentorship

Dr. Haider has supervised a large number of research scholars at different academic levels.

PhD Supervision

- Supervised many doctoral research in Human Development and Family studies and also in Applied Psychology

MPhil Supervision

- Research topics include mental health, psychosocial resilience, domestic violence, career counseling, and family wellbeing

Masters & Undergraduate Research

- Supervised 100+ research's in child development, personality development, gender studies, and psychosocial research.

Her mentorship has contributed to the development of emerging researchers and academics in psychology and human development.

Professional Training & Counseling Services

In addition to academic teaching and research, Dr. Haider has extensive experience as a trainer, family counselor, and marriage counselor.

She has designed and delivered training programs, workshops, and seminars for:

- Teachers and educators
- Parents and families
- Students and youth
- Community members
- Parents with special needs

Her training areas include:

- Parenting skills and child development
- Emotional wellbeing and mental health awareness
- Family communication and conflict resolution
- Marriage counseling and marital adjustment
- Career guidance and personal development
- Life skills and psychosocial resilience

Through counseling and training initiatives, she has contributed to strengthening family relationships and promoting psychological wellbeing within communities.

Research Projects & Institutional Development

Dr. Haider has contributed to research and institutional development through several initiatives, including:

- **IFHE Development Fund Research Grant (2020–2022)**
Research on psychosocial wellbeing of children with extra chromosomes.
- **Establishment of Developmental Psychology Lab (2017)**
College of Home Economics, University of Peshawar.

- Development of **academic collaborations and MOUs** with organizations supporting student skill development and community outreach.

National & International Professional Engagement

Dr. Haider has actively contributed to professional organizations and policy development.

- Member, **Khyber Pakhtunkhwa Commission on the Status of Women** (2021–2024)
- Member, **Think First National Injury Prevention Foundation**
- Member, **Head Injury & Neural Trauma Association**
- Member, **International Federation of Home Economics (IFHE)**
- Member, **Lioness Club International**

She has also participated in international leadership development programs for women in higher education, including professional workshops in the United States focusing on gender equity and academic leadership.

Academic Policy & Curriculum Development

Dr. Haider has contributed to national and institutional academic development, including:

- Member, National Curriculum Revision Committees (HEC)
- Participation in curriculum development for Home Economics and Human Development programs
- Member of University Senate Committees, Boards of Studies, Graduate Committees, and Faculty Selection Boards

She has also served as external examiner for MPhil and PhD programs at various universities in Pakistan.

Vision for Academic Excellence

Dr. Haider is committed to advancing psychological research, academic excellence, and women's empowerment through education. Her vision emphasizes:

- Strengthening research in human development and applied psychology
- Developing skilled and research-oriented faculty
- Integrating academic learning with practical training
- Promoting student leadership, entrepreneurship, and professional development
- Building collaborative networks between universities, communities, and professional organizations

Through her leadership, research, and mentorship, she continues to contribute to the advancement of psychology, higher education, and social development in Pakistan.